

District Governor Juan “Jay” Ruiz, Jr.

San Diego TFC Lions Club

“Commitment and Dedication to Service”

District Governor Juan “Jay Jr” Tiborcio Pulgar Ruiz was born in Norwich, CT in December of 1968. He is the oldest of two children to Lion Juan “Jay Sr.” and Lion Ceferina Pulgar Ruiz, MD. He attended High School here in San Diego. He joined the US Army in 1986 at the age of 17. He served as a Combat Surgical Technician for almost 16 years. He is a Desert Shield/Desert Storm veteran. He was Honorably Discharged in 2001. He is married to Lion Cynthia “Cha” Tadosa Ruiz. They have five children together – (JV) Juan Victor Ruiz, (Jazzy) Jazmine Cynthia Tadosa Ruiz, (Jac) Juan Artemio Ciriaco Tadosa Ruiz, (Laz) Juan Lazaro Gonzalo Tadosa Ruiz and (JAY) Juan Aristides Yohan Tadosa Ruiz.

DG Jay Jr. was first a member of the San Diego Majestic Lions Club on December 1, 2004 before joining his father in chartering the San Diego TFC Lions Club. He held many positions in the club such as President, Vice President, Tail Twister and Board Member. He served as President of the San Diego TFC Lions Club for 4 terms (2011-2015). He was honored by them with “Lion of the Year” (2010-2011).

DG Jay Jr. had served the district as a Region Chair and Zone Chair. He is a Certified Guiding Lion. He is a recipient of Melvin Jones Fellow, Dwight Stanford Fellow, Frank Rivera Fellow and Jim Ashcraft Fellow. He was instrumental in the creation of the San Diego Lions Scholarship Foundation which was endorsed project by District 4-L6. He was a graduate of the Regional Lions Leadership Institute. He participated in many Lions sponsored Medical and Humanitarian Missions since 2004 servicing thousands of recipients from Mexico to the Philippines.